



**Our disability plan.**

**Canberra Health Services.**

**2022 to 2025.**

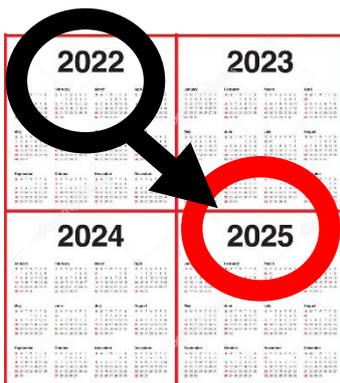


We have a new disability plan.

We call it our disability plan.

The plan helps to make our care

- safe to use
- easy to use.



Our new plan is for 3 years.

It starts in 2022. It is for

- 2022
- 2023
- 2024
- 2025.

It ends in 2025.



We want our service to be a service you trust.



We want our service to think about

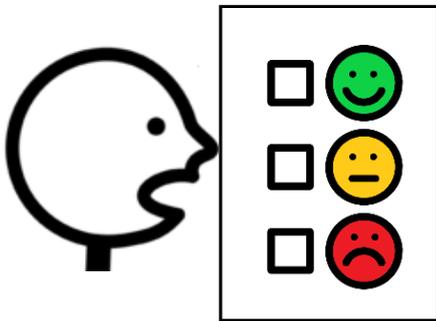
- new things we can do
- how we can do them.



We want our service to respect each person.



**We talked to lots of people**



We asked lots of questions.

It was about

- what you need

**and**

- what we can do better.



We asked

- you
- your family
- people who help you.



We talked to services that help you.

Like they look at what help you can get.

They gave us lots of ideas.



ACT Disability Reference Group helped us.

They helped to make the new plan.



## People with disability

Lots of people have a disability.



Are you under 65 years old?

Like 35 years old.

You are 1 in 8 people with a disability.



Are you **more** than 65 years old?

Like 75 years old.

You are 1 in 2 people with a disability.



You need health services that know about your disability.



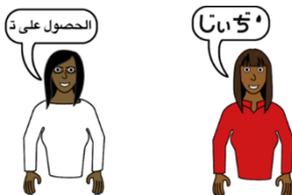
You have a disability.

**And**

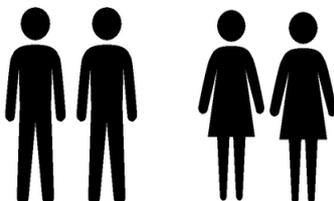


You

- are Aboriginal



- speak a different language. Like Arabic.

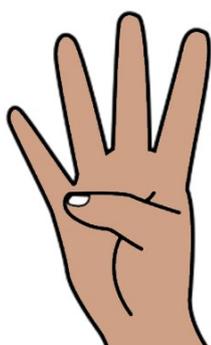


- are gay or lesbian.

We know how to work with you.



## Our disability plan



We have 4 big goals.



We think about what works for

- you
- your family
- your carers.



## 1. We give you the help you need



**By 2025**

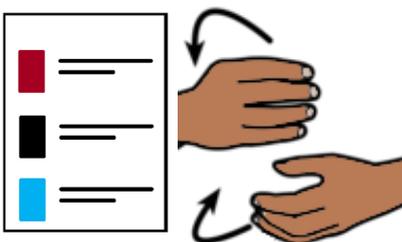
You can

- use the services you need
- in the way you need them.



We ask you what you need. Like

- help to make choices



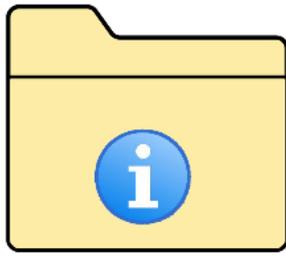
- information in a way you can understand.



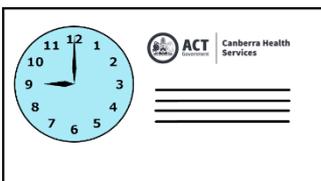
We ask how to contact you.

You tell us to contact you by

- phone
- email.



We write this in your file.



We do other things the way you need.

Like we make appointment times that work for

- you
- people who help you.



Health staff work with your disability services.

We learn what we need to do better.

We know how to work with your other services.



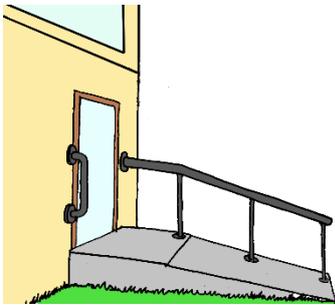
## 2. We have staff with disability



### By 2025

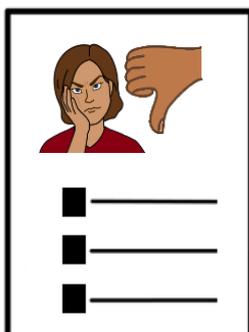
We will have more staff with disability.

We work with disability services.



Staff have what they need to do their job.

It is a safe place for them to work.



It is easy to have your say.

You can tell us what you want.



We will have a new group.

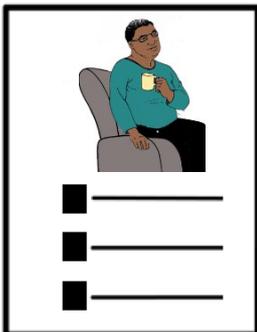
It will be for staff with a disability.

We will call it the Disability Employee Network.

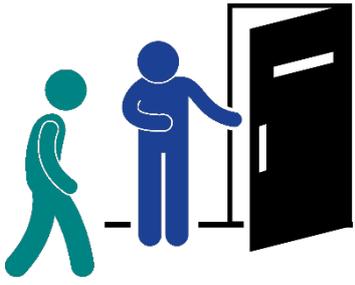


We will give you what you need.

Like you need more breaks.

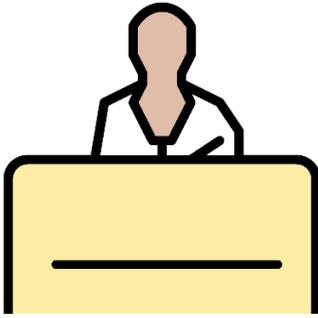


Talk to your manager to find out what steps you need to do.

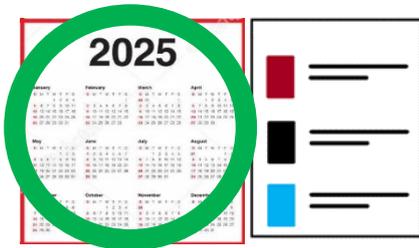


It is easy to ask for a job.

We make sure people with different disabilities  
can do this. We know how to help you.



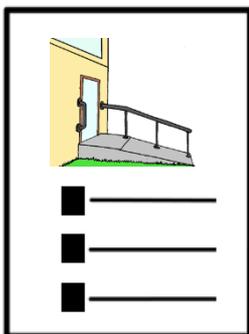
### 3. Where you work. Spaces you use



#### By 2025

You can get information

- when you need it
- in the way you need.



We check

- where you need to go
- spaces you use.

We work out what you need.



We check we have

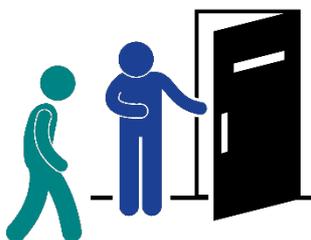
- staff disability car parks



- signs that are easy to follow

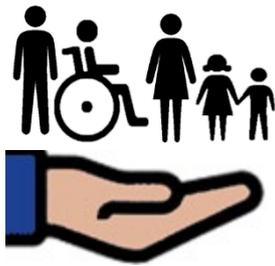


- quiet spaces for staff who need them.



Staff will learn how to

- include you
- get you the help you need.

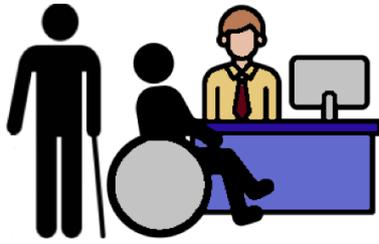


Staff will learn how to

- keep our place safe for each person



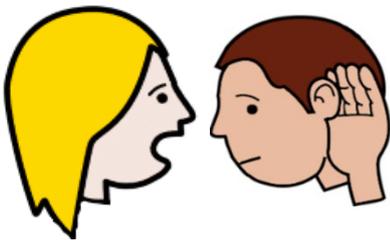
- make our website easy to use.



## 4. People we work with



By 2025



We make sure you

- can have your say
- tell us what you think.



We tell you what we will do. Like we

- make a change
- start a new project.



We make sure we tell

- you
- your family

**and**



- the people that help you.



## We will check the plan

We will look back at what we did.

We will do this each year.



Canberra Health Services

ACT Disability Reference Group

will check what we did.



AUSTRALIAN  
NETWORK  
ON DISABILITY

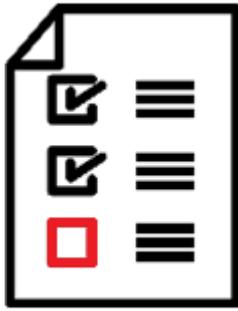
They will say what is different now.



We will write a report. We will do it each year.

The report will be on the

**Canberra Health Services** website.



Our report will say

- what things we did
- what we did **not** do

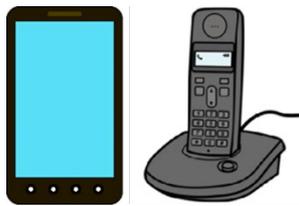
and



- what new things we will do.



## More information



Call 02 5124 0000.



Go to  
[www.canberrahealthservices.act.gov.au](http://www.canberrahealthservices.act.gov.au)



Email [chscomms@act.gov.au](mailto:chscomms@act.gov.au)



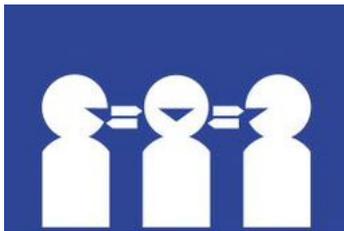
You need information in other ways.

Like you need it

- in large print
- to listen to.



Call 02 5124 0000.



Translator.

Call 131 450

Tell them to call 02 5124 0000.



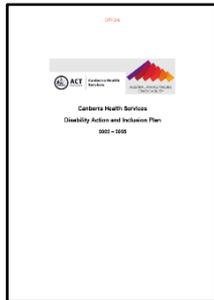
We thank the Ngunnawal people of  
Ngunnawal Country.

## Images

We have used images from



- ChangePeople
- Inspired Services
- Picto-selector
- TheNounProject
- Tobii-Dynavox.



This fact sheet is based on the ACT Canberra Health Services Disability Action and Inclusion Plan. 2022 to 2025.



Access Easy English wrote the Easy English.

June 2022.