

# Disability Health Strategy 2023 to 2033

**ACT Government**



**Easy English**

## Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.

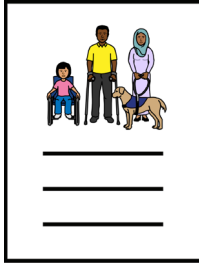


We will write contact information at the end of this book.

## About this book



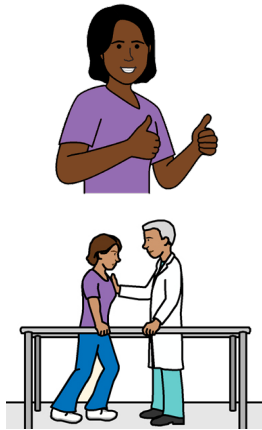
This book is from the ACT Government.



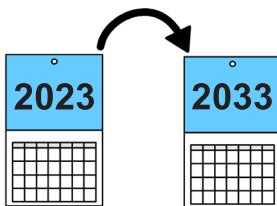
This book is about our **Disability Health Strategy**.

The Disability Health Strategy is about how we want to help people with disability

- have good health
- use health services.



We will call it **the strategy**.



The strategy is from 2023 to 2033.



We want to know what you think about the strategy.

## Who is the strategy for?

We want to help people from different groups with the strategy.



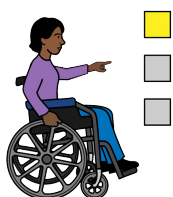
We want to help

- people with disability
- family and carers of people with disability
- health services
- **advocates.**



Advocates are people who can help you

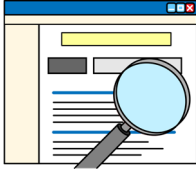
- understand information
- say what you want
- make decisions.





## How did we make the strategy?

To make the strategy we did a lot of **research**.

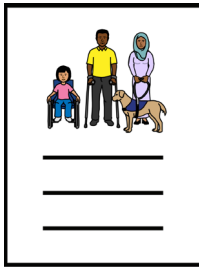


Research means we

- look for information



- learn more about how to help people with disability.



Our **Disability Steering Committee** also helped us make the strategy.

The Disability Steering Committee is a group of people who

- meet to talk about disability
- tell us what they think.



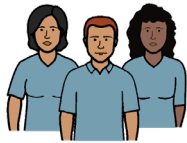


The Disability Steering Committee includes

- people with disability



- carers of people with disability



- disability service providers.

## The goals in the strategy



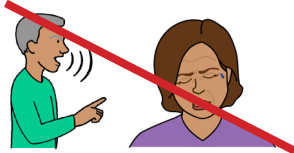
You can tell us what you think about the goals.

## We will respect people with disability



**Respect** means we understand that

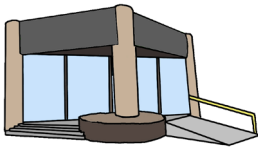
- everyone is important
- we should be kind to everyone
- we should **not** hurt other people.





## People with disability will get the support they need

We want health care to be **accessible**.



Accessible means places are easy for everyone to

- go to



- use.

## We will tell people about our work



We will

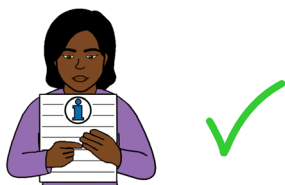
- check that we make things better



- tell people about what we do.

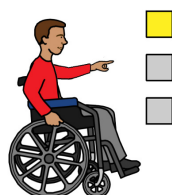
# What we want to work on

## Health information and choice



We want to make sure everyone can

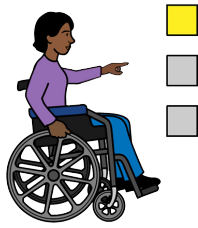
- understand information about health



- get information in different ways.



For example, we can write about hospitals in different languages.



We want to support people with disability to make choices about their health.

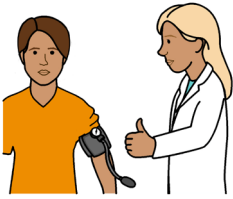


We will talk to people with disability about the health care system.



We will also talk to family of people with disability about the health care system.

## Health services



We want to give services that are right for each person with disability.



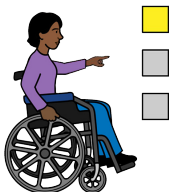
We will think about what services you need.

We will help different services to work together.



We will think about disability when we

- make new health services



- change health services



- check if services are doing a good job.

## Plans for an emergency



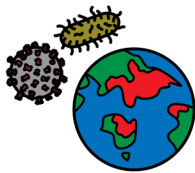
We want people with disability to be safe when there is an **emergency**.

An emergency is when there are problems for a lot of people.



An emergency could be

- a bushfire
- a disease like COVID-19.



We want to help people with disability know what to do in an emergency.



We will make sure people with disability can get information about emergencies.



We want people with disability to get good health services in an emergency.

## Health care staff



Health care staff could be

- doctors



- nurses



- other workers, like office staff.



We will train health care staff so they

- understand disability



- respect people with disability.



People with disability will help make the training.



We will also make sure people with disability can get jobs in health services.

## Research



We will get information about the health of people with disability.



We will find out how people with disability feel about health services.

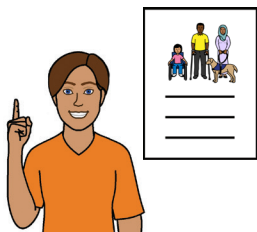


We will use information about the health of people with disability to make services better.

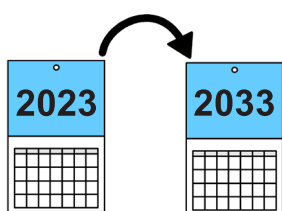


We will tell you about the information we get.

## We will do what we say in the strategy



We will have action plans to help us do what we say in the strategy.



We will have action plans from 2023 to 2033.

We have a Human Services Committee.



The Human Services Committee will make sure we do what we say in the strategy.



The Human Services Committee has people from the ACT Government.



We will also make a new group to check that we do a good job with the strategy.

The new group will be called the Disability Health Reference Group.

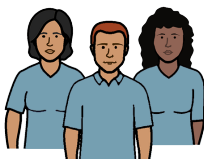


The Disability Health Reference Group includes

- people with disability



- carers of people with disability



- disability support providers

- disability support services.

## Tell us what you think



You can tell us

- what you think about the strategy
- if we need to add any ideas to the strategy
- what parts of the strategy are most important.



You can tell us what you think on our website.

[yoursayconversations.act.gov.au/act-disability-health-strategy](https://yoursayconversations.act.gov.au/act-disability-health-strategy)

You can ask someone to help you tell us.



For example

- a family member or friend
- a carer.



## More information



For more information contact the  
ACT Government.



Call            5124 9355



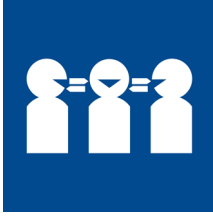
Website    [act.gov.au](http://act.gov.au)



**You can read the full strategy on  
our website.**



Website  
[yoursayconversations.act.gov.au/act-  
disability-health-strategy](http://yoursayconversations.act.gov.au/act-disability-health-strategy)



### **If you do not speak English**

Use the free Translating and Interpreting Service or TIS.



Call            131 450

Give the TIS officer the phone number you want to call.



### **If you need help to speak or listen**

The National Relay Service can help you make a phone call.



Call            1800 555 660



Website    [bit.ly/nrs-helpdesk](http://bit.ly/nrs-helpdesk)

Give the relay officer the phone number you want to call.

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